

# Insoll Avenue School

Hamilton



Kia Mau, Ki Nga Taonga, Tuku Iho

**Principal: Linda McCabe**  
**Phone: 855 5067**

**Board Chairperson: Blair MacKenzie**  
**Text absences to: 027 249 4911**

16/10/2014

## NEWSLETTER

Newsletter No 1 Term 4

**Dear Parents and Caregivers – Kia Ora Koutou**

### Welcome Back to Term 4

A special welcome to the new children and families who have enrolled at Insoll and joined our learning journey. There is lots happening this term so please look at the coming events.

### H for Honest - Pono

This term we are focusing on the value of honesty. Honesty refers to those values and moral character of integrity, truthfulness, straightforwardness, being trustworthy, loyal, fair and sincere. We expect all children to tell the truth by giving the facts. Honesty means no lying, cheating or theft.

Children who demonstrate honesty will receive an 'H' coupon and at the end of term these will be traded for a small reward.

### Sugary Drinks

Our students have been learning about sugary drinks. Did you know there are 9 teaspoons of sugar in one can of coke! I'm sure you can appreciate how sugar 'hypes' up our kids and makes it difficult for them to sit and learn. Can you also help us please and don't send sugary drinks to school. Your kids will know which are the best options – water being the number 1 option.

### Senior Camp

Only 13 sleeps until the seniors are off to Camp Keswick at Rotorua for 3 days of exciting learning. All children have had special notices re outstanding payment for camp fees and will shortly get a clothing list ready so they can pack their bags and be organised.

### Mobile Dental Clinic

If your child brings home a form requiring your consent for work to be done, please ensure this is returned as soon as possible. If you need to contact them, the phone number is: 8599160.

### Coming Events

|       |   |
|-------|---|
| 29/10 | Senior students leave for Keswick Camp, Rotorua |
| 31/10 | Senior students return from camp                |

Next week's Maori word of the week is:

**marama (moon)**

### AWARDS

#### **Individual Weekly 100% Attendance**

26 students had 100% attendance and no late starts for Term 3. The draw for the scooter was done and the lucky winner was Ihaka Andrews from Room 6.



#### **Classroom Attendance**

Room 8 was the overall winner for Term 3 attendance and get \$100 towards a class trip.

## Sunsmart Hats

A reminder that it is compulsory for all students to wear a green sunsmart hat this term. These are available to purchase at the school office for \$12.00

## Softball / Tee Ball

Training for softball and tee ball will be held on Thursdays after school from 2.45 to 3.30 pm. The cost will be \$5.00 per person. Notices/permission slips have been given to interested children to take home.



### EASY LOW COST RECIPE

## THAT'S A WRAP

1. Slice and dice your favourite vegetables
  - Lettuce
  - Cucumber
  - Celery
  - Capsicum
  - Tomato
  - Beetroot
  - Carrot
  - Radishes
2. Spread avocado, hummus or salsa on the wrap, top with vegetables, shredded chicken, ham or tuna
3. Wrap it up and enjoy

**TIP:**  
Use vegetables and herbs fresh from your garden!

A wrap filled with various vegetables and chicken, shown in a cross-section view.

## Mini Miracles Educare

12 Claude Street, Hamilton  
Ph: 853 8448

Catering from Birth to 5 years

Nappies and Meals Provided

Renovated home with 3 separate age groups.

Free 20 ECE hours for 3 and 4 year olds

100% fully qualified teachers

## Cricket Hubs

Hamilton Cricket will be running cricket hubs again in term 4 2014 for children in school years 0-6. These cricket hubs focus on participation and skill development.

**West Hub** Elliott Park Wednesday 5<sup>th</sup> November – Wednesday 10<sup>th</sup> December

**North Hub** Discovery Park Monday 3<sup>rd</sup> November – Monday 8<sup>th</sup> December

**East Hub** Waikato University Wednesday 5<sup>th</sup> November – Wednesday 10<sup>th</sup> December

**South Hub** Melville High School Tuesday 4<sup>th</sup> November – Tuesday 9<sup>th</sup> December

**Hubs will run from 5:30pm – 7pm and run for 6 weeks.**

The cost is \$20 for the 6 weeks or \$45 if you wish to receive cricket prizes at the end of the programme.

Registration can be made online at [www.hamiltoncricket.co.nz](http://www.hamiltoncricket.co.nz) under the registration tab in quick links.

For further details please contact Janice Fraser – **Phone** 022 0611 660 or **Email**

[janice@hamiltoncricket.co.nz](mailto:janice@hamiltoncricket.co.nz)

## Poipoia Te Mokopuna

We have designed a programme to help whanau engage with their Tamariki aged from newborn to 3 years of age. We come to your home with the necessary resources and tools, where both you and your pepe are comfortable. It will cost you nothing. Flick us a txt or email and we will get back to you with all the necessary information. Phone or txt: 021980151 or email: [kellyr@tekohaohealth.co.nz](mailto:kellyr@tekohaohealth.co.nz)